

# **Treatments by Victoria**

Saturdays or Evenings by Appointment To book call 07814 754261

### Aromatherapy Massage £30/£45

40 minutes/60 minutes

Indulge in the ultimate relaxation with our Aromatherapy Massage. Our expert therapists use a blend of essential oils to soothe your senses and calm your mind. Choose from a back, neck, and shoulder massage or a full body massage to leave you feeling rejuvenated and refreshed.

Hot stones can be added for an extra £5.00.

### Holistic Facial £45.00

#### 60 minutes

Experience deep hydration and restoration with our luxurious Holistic Facial. Our skilled therapist will treat your face, neck, decolletage, and scalp area with a blend of nourishing ingredients to restore your skin's natural balance. You'll leave with a youthful complexion, feeling fresh, firm, and toned.

## Reflexology £25.00

#### 40 minutes

Experience the healing benefits of Reflexology, a technique that applies gentle pressure to your feet to help your body's own healing process. Our skilled therapist will help you relax and unwind, while also targeting specific issues such as migraines, menopausal symptoms, insomnia, stress, and anxiety.

Our therapist can adapt any massage process to meet your specific needs. Simply communicate your preferences and concerns with your therapist, and they will customize the treatment to your liking.

We use only the finest essential oils to enhance your massage experience and address any problem areas. We will select the appropriate oils based on your individual needs and preferences, ensuring that you receive the full benefits of your treatment.